

YES (Youth Essential Skill) CAMP 2008

The YES CAMP 2008 was successfully held from the 11th – 14th December 2008 (Thursday- Sunday) at Eagle Ranch Resort, Port Dickson, Negeri Sembilan with the theme, “ *Living in Harmony*”.

The YES Camp is part of the YES program which was initiated in the year 2003 by PDG Wong Chang Wai with senior Lions Chuah Wooi Ken and the late K. Vijayan. Since 2003 it has become an annual event of District 308 B1. The YES curriculum has its own identity which has only evolved for the better over the years.

It is open to all young adults from 14 years and above. Although it is open to any young adults it is very popular amongst the Leos in the district. This year's statistics proves it. A total of 141 youth registered and participated. 116 were Leos. They were from 31 Leo clubs in the district. We also had some campers who were from the homes like TiRatana and Rumah Charis. About 24 Lions Clubs “sponsored” these young campers. The organizing committee comprised 20 Lions and Leos (Omega) from various Lions Clubs and Omega Leo Clubs. Below is the list of the organizing committee members;

Organising Chairman: Lion Sashekala Pathmanathan

Advisor: Lion Chuah Wooi Ken

Deputy OC: Lion Tan Kim Fong

Organising Secretary: Lion Ching Qwee Fong

Organising Treasurer: Lion Wong Chooi Chen

Camp Coordinator: Lion Lim Meng Sheng

Camp Activities Coordinator: Lion Mok Chee Meng

Photography/ Medical: Lion Dr. Ben C Ng

Group Facilitators: Lion Ang Mo Bok, Lion Audrey Lim Ai Geok, Leo Madeline Yap Moon Yin, Leo Steven Tan, Leo Lim Meng Zhen, Leo Alex Chong Wen Jie, Leo Joshua Tan Lien Hoe, Leo Rowena Loh, Leo Ong Jian Jie, Leo Lee Guo Zhang, Leo Lim Chin Khuan, Jin

THE YES PROGRAM is an effective personal development program especially for the youth. It teaches to communicate effectively, develop decision and problem solving skills. It creates awareness on lives values, giving them a better focus and direction. This year we made some interesting alterations from the 12 Keys to Excellence. It was 16 guidelines to a happy life. The 16 guidelines are values very similar to the 12 keys. The 16 guidelines were divided into 4 sessions. Namely, how we think (*humility, patience, contentment, delight*) how we act (*kindness, honesty generosity, right speech*) how we relate to others, (*respect, forgiveness, gratitude, loyalty*) and how we find meaning (*aspirations, principles service courage*). The speakers were Lions Tan Kim Fong, Ching Qwee Fong, Sashekala Pathmanathan and Dr. Ben C Ng who are

MD 308 District trainers or YES trainers or both. For these YES_16 guidelines they were scrupulously trained by YES Camp advisor and senior Lion Chuah Wooi Ken. Besides the 16 guidelines the indoor curriculum also included activities like, "What I feel like saying", "Know me better", "Reflections" and some interpersonal building activities.

The outdoor activities included activities like Obstacle Courses Abseiling, Flying Fox Night, Jungle Walking and Water Activities like Rafting. To some these activities were very challenging and while to others especially the 'seasoned campers', it was simply like a cool evening stroll. However everybody benefited by learning and gaining new experiences. Some even overcame their phobias from these activities. Best of all they all had great fun while at the YES Camp. Although they were some minor glitches the campers went back a happy lot with loads of fond memories and wider circle of friends and definitely looking forward for the next YES CAMP.

Reported By:
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